

Getting involved in your area: Your rights checklist



Things to find out:

- ✓ Does the NHS have information about the decisions it is making about children and young people in your area?
 - ✓ Do you know how young people can get involved in your local area?
 - ✓ Can you find information for children and young people online?
- ✓ Does your local health watch have information for children and young people about the things that matter to you?
 - ✓ Are there groups of young people meeting to talk about the things that matter to you?