

What are YOUR rights?

“ This bit is super important. You get to have a say in decisions about your health, even if your under 16...it’s that simple! ”

Your knowledge and views are really important to any decision about your life



What does it mean for YOU?

Being involved



Health professionals will work with you to make the best decisions about **your** health



To make a decision you need to know about different treatment options and how they will affect you and your life

Being in control

The NHS needs to ask you about any treatment, and you can say yes or no and the NHS will respect your decision

If you want your parents or carers to be involved in decisions about your health then NHS will help them to be involved, but it’s your decision

You need to be asked every time unless it’s a total emergency or doctors don’t think you can make your own decision

If doctors don’t think you can make a decision yourself then it must be for a very good reason, and there are lots of rules they must follow about who gets to make decisions

Choosing services

Sometimes you can have choices about the NHS services you use. This won’t be in all situations, but includes:

- ✓ With which GP surgery you are registered
- ✓ You can ask to see the GP you like best
- ✓ You can make choices about which specialist service you use