

Using the NHS: Your rights checklist



Things to remember when you use the NHS!

- ✓ The NHS will make sure the services are there for everyone
 - ✓ You can use health services when you need them
 - ✓ You can get support to use services if you need it
 - ✓ If you need to see a specialist service the rules will be explained to you
 - ✓ NHS Services will be clean and safe
- ✓ If you stay in hospital it should be in an age appropriate ward
 - ✓ Do you know the different health services in your area and how they can help you?
 - ✓ If this doesn't happen, let them know or speak to your local Healthwatch
<http://www.healthwatch.co.uk/find-local-healthwatch>